

## **The Bridge**

### **Services available :**

- **Male and female shower facilities**
- **Washing and drying facilities**
- **Wi-Fi**
- **Food and drink**
- **Clothing**
- **Advice and support**

### **Opening times :**

**Monday to Thursday 9:30 am to 2:30pm**

**Friday 9:30am to 2:30pm**

### **Community Café :**

**Monday, Tuesday, Thursday and Friday**

**Breakfast : 9:30am to 11:30am**

**Lunch : 12:00pm to 1:30pm**

### **Address**

**43 Melton Street**

**Leicester**

**LE1 3NB**

**0116 2221161**

## **The Y**

### **Services available :**

#### **Practical help drop in 8:00am to 10:00am**

- **Breakfast between 8:00am to 9:00am**
- **A safe and comfortable environment**
- **Access to toilets, showers, washing facilities and toiletries**
- **Free laundry facilities for rough sleepers**
- **Access to telephone for non-personal calls**
- **A change of clothes where possible**
- **Emergency food parcels where possible**

#### **Advice and information 10:00am to 1:00pm**

- **We will help you search for accommodation in an emergency or longer term**
- **GPs and a full range of health services provided by Inclusion Healthcare from 8:30am to 12:30pm**
- **Access to the Homeless Mental Health Service provided by Leicester-shire Partnership NHS Trust from 9:00am to 12:00pm**

### **Address**

**7 East Street**

**Leicester**

**LE1 6EY**

**0116 2556507**